

## ❧Pali Words and Definitions❧

1. Buddha – also known as Gōthama, Gauthama, or Siddhartha
2. Dhamma – the teachings of the Buddha
3. sangha – the disciples of the Buddha
4. bhavana – cultivation of the mind
5. yogi – meditator/practitioner
6. sīla – virtues/behavior
7. samādi – concentration/stillness
8. pannā – wisdom/inside knowledge
9. saddā – confidence/faith
10. viriya - effort
11. sati – mindfulness/awareness
12. mettā - lovingkindness
13. karunā – compassion/empathy
14. muditā – congratulatory/altruistic joy
15. upehhkā - equanimity
16. khandha – unit or aggregate
17. rūpa – material form
18. vēdanā - feelings
19. sannā - perceptions
20. sankhāra – mental formations
21. vicchāna - consciousness
22. chitta- mind
23. kamma – action
24. magga-phala – path and fruition
25. samsara – the circle of birth and death
26. dukkha - suffering
27. nāma-rūpa – mind and matter
28. anicca - impermanence
29. anatta – non-self
30. sotapanna – stream-winner
31. sakadagāmi – once-returner
32. anāgāmi – non-returner
33. arahant – one who completely eradicates defilements
34. kusala – good actions
35. akusala – unwholesome actions
36. punna – happiness/good action
37. dāna - generosity
38. bhikkhu – male disciple of the Buddha
39. bhikkhunī – female disciple of the Buddha
40. dēvas – celestial beings
41. brahmās – powerful and benevolent beings who live in the Brahmā realm

